

Mondays to Fridays

Romford Station	0555	0622	0641	0701	0716	0732	0746	0801	0816	0831	0846	0901	0916	1446	1501
Romford Market	0557	0624	0643	0704	0719	0735	0749	0804	0819	0834	0849	0904	0919	1449	1504
Romford Parkside Hotel	0600	0627	0646	0708	0723	0739	0753	0808	0823	0838	0853	0908	0923	1453	1508
Collier Row Clockhouse Lane	0605	0632	0651	0714	0729	0745	0759	0814	0829	0844	0859	0914	0929	1459	1514
Marks Gate RollerBowl	0609	0636	0655	0711	0719	0734	0750	0804	0819	0834	0849	0904	0919	1502	1517
Hainault Old Hainault Oak	0614	0641	0700	0716	0724	0739	0755	0809	0824	0839	0854	0909	0924	1507	1522
Hainault Station	0621	0648	0707	0723	0732	0747	0803	0817	0832	0847	0902	0917	0932	1514	1529
Barkingside Fullwell Cross	0625	0652	0711	0727	0738	0753	0809	0823	0838	0853	0908	0923	0938	1519	1534
Gants Hill Station	0632	0659	0718	0734	0746	0801	0817	0831	0846	0901	0916	0931	0945	1526	1542
Ilford Station	0636	0703	0722	0738	0753	0808	0824	0838	0853	0908	0923	0938	0951	1532	1549
Ilford Hainault Street (X)	0639	0706	0725	0741	0756	0811	0827	0841	0856	0911	0926	0941	0954	1535	1552
Romford Station	1516	1531	1546	1601	1616	1631	1646	1701	1716	1731	1746	1802	1817	1831	1904
Romford Market	1519	1534	1550	1605	1620	1635	1650	1705	1720	1735	1750	1806	1821	1834	1907
Romford Parkside Hotel	1523	1538	1555	1610	1625	1639	1654	1709	1724	1739	1754	1810	1825	1837	1910
Collier Row Clockhouse Lane	1529	1544	1601	1616	1631	1645	1700	1715	1730	1745	1800	1816	1831	1842	1915
Marks Gate RollerBowl	1532	1548	1605	1620	1636	1650	1705	1720	1735	1750	1805	1821	1834	1845	1918
Hainault Old Hainault Oak	1537	1553	1610	1625	1641	1655	1710	1725	1740	1755	1810	1826	1840	1850	1923
Hainault Station	1544	1600	1617	1632	1648	1702	1717	1732	1747	1802	1817	1833	1847	1857	1930
Barkingside Fullwell Cross	1550	1606	1623	1638	1653	1707	1722	1737	1752	1807	1822	1838	1851	1901	1934
Gants Hill Station	1558	1614	1631	1645	1700	1714	1729	1744	1759	1814	1829	1845	1858	1908	1941
Ilford Station	1605	1621	1638	1652	1707	1721	1736	1751	1806	1821	1836	1852	1905	1913	1945
Ilford Hainault Street (X)	1608	1624	1641	1655	1710	1724	1739	1754	1809	1824	1839	1855	1908	1916	1948

Saturdays

Romford Station	0633	0703	0733	0803	0831	0851	0914	0926	0938	0955	1007	1019	1031	1043	1055	1107
Romford Market	0635	0705	0735	0805	0833	0853	0917	0929	0941	1001	1013	1025	1037	1049	1101	1113
Romford Parkside Hotel	0638	0708	0738	0808	0836	0856	0908	0920	0932	0944	1005	1017	1029	1041	1053	1105
Collier Row Clockhouse Lane	0643	0713	0743	0813	0841	0901	0913	0925	0937	0949	1002	1013	1025	1037	1049	1101
Marks Gate RollerBowl	0647	0717	0747	0817	0845	0905	0917	0929	0941	0953	1006	1017	1029	1041	1053	1105
Hainault Old Hainault Oak	0652	0722	0752	0822	0850	0910	0922	0934	0946	0958	1011	1022	1034	1046	1058	1110
Hainault Station	0659	0729	0759	0829	0857	0917	0929	0941	0953	1005	1018	1029	1041	1053	1105	1117
Barkingside Fullwell Cross	0703	0733	0803	0833	0901	0921	0933	0945	0957	1009	1022	1033	1045	1057	1109	1121
Gants Hill Station	0710	0740	0810	0840	0908	0928	0940	0952	1005	1018	1031	1042	1054	1106	1118	1130
Ilford Station	0714	0744	0814	0844	0912	0932	0944	0958	1012	1025	1038	1049	1101	1113	1125	1137
Ilford Hainault Street (X)	0717	0747	0817	0847	0915	0935	0947	1001	1015	1028	1041	1052	1104	1116	1128	1140
Romford Station	1119	1131		1643	1655	1707	1720	1733	1753	1813	1833		03	33		2333
Romford Market	1125	1137		1649	1701	1713	1726	1739	1759	1815	1835		05	35		2335
Romford Parkside Hotel	1129	1141		1653	1705	1717	1730	1743	1803	1818	1838		08	38		2338
Collier Row Clockhouse Lane	1137	1149		1701	1713	1725	1738	1751	1811	1823	1843		13	43		2343
Marks Gate RollerBowl	1141	1153		1705	1717	1729	1742	1755	1815	1827	1847		17	47		2347
Hainault Old Hainault Oak	1146	1158		1710	1722	1734	1747	1800	1820	1832	1852		22	52		2352
Hainault Station	1153	1205		1717	1729	1741	1754	1807	1827	1839	1859		29	59		2359
Barkingside Fullwell Cross	1157	1209		1721	1733	1745	1758	1811	1831	1843	1903		33	03		0003
Gants Hill Station	1206	1218		1730	1742	1754	1807	1820	1838	1850	1910		40	10		0010
Ilford Station	1213	1225		1737	1749	1801	1811	1824	1842	1854	1914		44	14		0014
Ilford Hainault Street (X)	1216	1228		1740	1752	1804	1814	1827	1845	1857	1917		47	17		0017

Sundays and Public Holidays

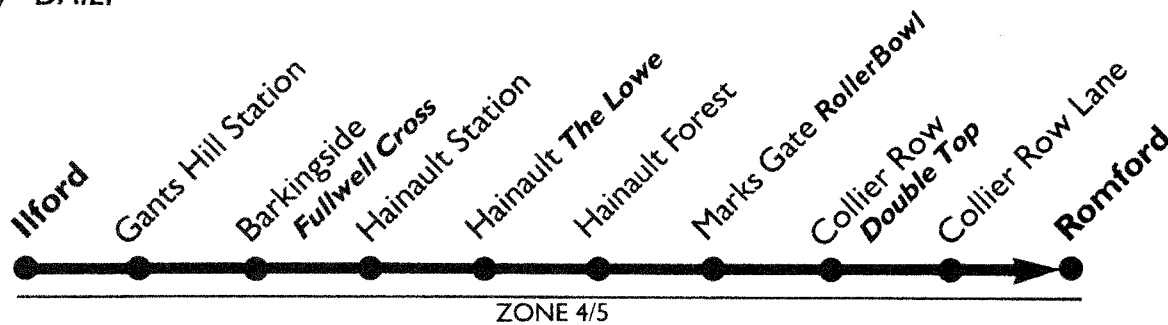
Romford Station	0832	0909	0934	1002	1032		02	32		2202	2232	2302				
Romford Market		0836	0913	0938	1006	1036		06	36		2206	2236	2306			
Romford Parkside Hotel	0802	0839	0916	0941	1009	1039		09	39		2209	2239	2309			
Collier Row Clockhouse Lane	0809a	0846a	0920	0945	1013	1043		13	43		2213	2243	2316a			
Marks Gate RollerBowl			0924	0949	1017	1047		17	47		2217	2247				
Hainault Old Hainault Oak			0928	0953	1021	1051		21	51	UNTIL	2221	2251				
Hainault Station			0934	0959	1027	1057		27	57		2227	2257				
Barkingside Fullwell Cross			0938	1003	1031	1101		31	01		2231	2301				
Gants Hill Station			0945	1010	1039	1109		39	09		2239					
Ilford Station			0949	1014	1044	1114		44	14		2244					
Ilford Hainault Street			0951	1016	1046	1116		46	16		2246					

a - Time at Collier Row White Hart Lane.

X - Certain buses continue to Seven Kings Garage.



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Mondays to Fridays

Ilford Hainault Street (X)	0647	0659	0714	0726	0738	0753	0808	0823	0838	0856	0912	27	42	57	12	1557
Ilford Station	0650	0702	0717	0729	0742	0757	0812	0827	0842	0900	0916	31	46	01	16	1601
Gants Hill Station	0656	0708	0723	0735	0749	0804	0819	0834	0849	0907	0923	38	53	08	23	1608
Barkingside Fullwell Cross	0703	0715	0730	0742	0757	0812	0827	0842	0857	0915	0931	46	01	16	31	1616
Hainault Station	0707	0719	0735	0747	0802	0817	0832	0847	0902	0920	0936	51	06	21	36	1621
Hainault Old Hainault Oak	0713	0725	0742	0754	0809	0824	0839	0854	0909	0927	0943	58	13	28	43	1628
Marks Gate RollerBowl	0718	0730	0747	0759	0814	0829	0844	0859	0914	0932	0948	03	18	33	48	1633
Collier Row Clockhouse Lane	0722	0734	0752	0804	0819	0834	0849	0904	0919	0937	0952	07	22	37	52	1637
Romford North Street Garage	0728	0741	0759	0811	0826	0841	0856	0911	0926	0943	0958	13	28	43	58	1643
Romford Market	0731	0745	0803	0815	0830	0845	0900	0915	0930	0946	1001	16	31	46	01	1646
Romford Station	0734	0749	0807	0819	0834	0849	0904	0919	0934	0949	1004	19	34	49	04	1649
Ilford Hainault Street (X)	1610	1625	1640	1655	1711	1727	1743	1759	1816	1836	1907	1941	11	41		2341
Ilford Station	1614	1629	1644	1659	1715	1731	1747	1803	1820	1840	1911	1944	14	44		2344
Gants Hill Station	1622	1637	1652	1707	1723	1739	1755	1811	1828	1846	1917	1950	20	50		2350
Barkingside Fullwell Cross	1630	1645	1700	1715	1731	1747	1803	1819	1836	1853	1924	1957	27	57		2357
Hainault Station	1635	1650	1705	1720	1736	1752	1808	1824	1841	1858	1929	2001	31	01		0001
Hainault Old Hainault Oak	1643	1658	1713	1728	1744	1800	1816	1832	1848	1905	1936	2007	37	07		0007
Marks Gate RollerBowl	1648	1703	1718	1733	1749	1805	1821	1837	1853	1910	1941	2012	42	12		0012
Collier Row Clockhouse Lane	1653	1708	1723	1738	1754	1810	1826	1842	1858	1915	1945	2016	46	16		0016
Romford North Street Garage	1700	1715	1730	1745	1801	1817	1833	1848	1904	1921	1951	2022	52	22		0022
Romford Market	1703	1718	1733	1748	1804	1820	1836	1851	1907	1924	1954	2025	55	25		0025
Romford Station	1706	1721	1736	1751	1807	1823	1839	1853	1909	1926	1956	2027	57	27		0027

Saturdays

Ilford Hainault Street (X)	0610	0640	0710	0740	0807	0832	0858	0910	0923	0934	0946	1004	1016	1028	1040	1052
Ilford Station	0613	0643	0713	0743	0810	0835	0901	0913	0926	0937	0949	1008	1020	1032	1044	1056
Gants Hill Station	0617	0647	0717	0747	0814	0839	0853	0905	0917	0930	0941	0953	1003	1015	1027	1039	1051	1103
Barkingside Fullwell Cross	0624	0654	0724	0754	0821	0846	0900	0912	0925	0938	0949	1001	1013	1025	1037	1049	1101	1113
Hainault Station	0628	0658	0728	0758	0825	0850	0904	0916	0929	0942	0953	1005	1017	1029	1041	1053	1105	1117
Hainault Old Hainault Oak	0634	0704	0734	0804	0831	0856	0910	0922	0935	0948	0959	1011	1023	1035	1047	1059	1111	1123
Marks Gate RollerBowl	0639	0709	0739	0809	0836	0901	0915	0927	0940	0953	1004	1016	1028	1040	1052	1104	1116	1128
Collier Row Clockhouse Lane	0643	0713	0743	0813	0840	0905	0919	0931	0944	0957	1008	1020	1032	1044	1056	1108	1120	1132
Romford North Street Garage	0649	0719	0749	0819	0846	0911	0925	0937	0950	1003	1014	1026	1038	1050	1102	1114	1126	1138
Romford Market	0652	0722	0752	0822	0849	0914	0928	0940	0953	1006	1017	1029	1041	1053	1105	1117	1129	1141
Romford Station	0654	0724	0754	0824	0851	0917	0931	0943	0956	1009	1022	1034	1046	1058	1110	1122	1134	1146
Ilford Hainault Street (X)	1104	1116			1640	1652	1704	1716	1730	1743	1758	1812			42	12		2342
Ilford Station	1108	1120			1644	1656	1708	1720	1734	1747	1802	1815			45	15		2345
Gants Hill Station	1115	1127			1651	1703	1715	1727	1741	1754	1809	1819			49	19		2349
Barkingside Fullwell Cross	1125	1137			1701	1713	1725	1737	1751	1804	1816	1826			56	26		2356
Hainault Station	1129	1141			1705	1717	1729	1741	1755	1808	1820	1830			00	30		2400
Hainault Old Hainault Oak	1135	1147			1711	1723	1735	1747	1801	1814	1826	1836			06	36		0006
Marks Gate RollerBowl	1140	1152			1716	1728	1740	1752	1806	1819	1831	1841			11	41		0011
Collier Row Clockhouse Lane	1144	1156			1720	1732	1744	1756	1810	1823	1835	1845			15	45		0015
Romford North Street Garage	1150	1202			1726	1738	1750	1802	1816	1829	1841	1851			21	51		0021
Romford Market	1153	1205			1729	1741	1753	1805	1819	1832	1844	1854			24	54		0024
Romford Station	1158	1210			1734	1746	1758	1810	1822	1834	1846	1856			26	56		0026

Sundays and Public Holidays

Ilford Hainault Street	0909	0941	1011	1040	10	40	2240		
Ilford Station	0912	0944	1014	1044	14	44	2244		
Gants Hill Station	0916	0948	1018	1049	19	49	2249		
Barkingside Fullwell Cross	0922	0954	1024	1055	25	55	2255	2315b		
Hainault Station	0926	0958	1028	1059	29	59	2259	2321		
Hainault Old Hainault Oak	0932	1004	1034	1105	35	05	UNTIL	2305	2327		
Marks Gate RollerBowl	0937	1009	1039	1110	40	10	2310	2332		
Collier Row Clockhouse Lane	0814a	0851a	0941	1013	1043	1114	44	14	2314	2321a	2336		
Romford North Street Garage	0821	0858	0946	1018	1048	1119	49	19	2319	2328	2341		
Romford Market	0824	0901	0949	1021	1051	1122	52	22	2322		
Romford Station	0827	0904	0952	1024	1054	1126	56	26	2326		

a - Time at Collier Row White Hart Lane.

b - Time at Barkingside Chequers.

X - Certain buses start from Seven Kings Garage.

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